

An Expanding Power

"CANADA IS NO LONGER a small nation, she is a great power, and has that come about not by any political maneuvering, but by the sheer weight of her war effort." This statement was made by the Governor General, the Earl of Athlone, in an address delivered in Regina, during his recent tour to the West. The Excerpts from that speech show that Canada's role in the restoration of peace would be "equally sincere, equally substantial, and equally effective." This was a fine tribute to Canada's part in the winning of the war, and one which has been widely appreciated. It is generally agreed that participation in the war has brought the people of Canada to a fuller realization of their abilities and of their importance as a nation, and it is to be hoped that none of this national consciousness will be lost when peace is restored.

Many Supplies Sent Overseas

Canada's part in the landing of the Allied armies of liberation has been far from her growing strength, and great credit has been given to all who have worked with the same enthusiasm and determination in the great undertaking. Manpower, however, was not Canada's only contribution, for according to recent information given out by Hon. James MacKinnon, Trade Minister, an "all out" effort was made to supply men and fighting equipment to Britain before the invasion commenced. During the year 1943, \$10,424,600 worth of goods was exported to the United Kingdom. In the same month, \$10,664,000 worth of foodstuffs and military supplies were sent to Italy for the great drive which resulted in the capture of Rome and the rout of the Nazis from that area.

Increase In All Exports

Motorized equipment, locomotives, ammunition, many types of guns, aircraft parts and textiles were among the many articles shipped from Canada for the allied offensive in Europe. Large quantities of food were also sent, including bacon, ham, sausages, eggs, flour, meat, dried fruits, etc., worth \$10,400,000, compared to \$5,400,000 in May 1943. Flour shipments reached the total of \$10,260,000; oats, \$12,100,000; bacon, \$21,800,000; fresh beef, \$2,600,000; and dried eggs, \$2,500,000. All these figures show a very substantial increase over shipments in the same month of the previous year, and demonstrate that Canada has indeed provided much material support for the armed forces. We must continue this effort not only in winning the war, but in solving the many problems which will arise in the years to come.

A Busy Life

The Time Of This Weekly Newspaper
Editor Appears To Be Fully Occupied

Should you happen to notice that the life of a country editor is a cushy one, listen to the lament of one weekly newspaper editor at Viking, Alberta. He writes:

"The editor of the *Viking Leader*, the paper I'm listing operator, machinist, pressman, adm'an, Johnson, stenographer, bookkeeper, and reporter. We are also process issuer, keeper of the records for the post office, branch manager, manager of the branch, the Workmen's Compensation Board, the Wartime Prices and Trade Board, the Malta air raid squadron, and publicity chairman for the Sixth Victoria Legion. We are the committee of the capital fund, sing in the choir, and in our spare time we listen to the tough time the other guys are having."—MacLean's Magazine.

Blitz Technique On Garden Seeds



Experienced gardeners say that it is very important to destroy weeds when they are small to prevent them from using up all the moisture and plant food available, according to the young and growing vegetables. During a long summer day may not be very comfortable, but it's the right kind of weather for sowing and bedding out for further attacks. The enemies of seedlings in the garden can be held in check and systematically exterminated with a flick of the wrist if they dare show their heads. Those which are still small and easily destroyed before their seeds have had a chance to turn into reinforcements.

Night Fighter Technique

Cause Of Failure To Interfere With Invasion Preparations

The complete failure of the recent German raids, which attempted to destroy invasion preparations is no mystery. The secret lies in the following: big invasion dumps and troop concentrations would make tempting targets, and so set about their preparations accordingly. The cause of the Luftwaffe's failure is the development of the R.A.F. night fighter technique.

VERSATILE TROOPS

When men and women join the British forces they are taught not only how to use their weapons, but also how to use them. They are taught to console the injured, and throw wide the gates of heaven.—May Baker Eddy.

GEMS OF THOUGHT

COMFORT

There is much satisfaction in work well done; praise is sweet; but there can be no happiness equal to the joy of finding a heart that understands.—Victor Robinson.

The disposition to give a cup of cold water to a disciple, is a nobler property than the finest talents and skills.

A deserved and distinguishing compliment is often one of the strongest encouragements and incentives to the diffident and self-distrustful.—Tryon Edwards.

God often comforts us not by changing the circumstances of our lives, but by changing our attitude toward them.—S. H. Madsen.

Whatever things were written a fortnight ago were written for learning, that we through patience and comfort of the scriptures might have hope.—Romans 15:4.

Father, we thank Thee that Thy light and Thy love reach earth, open our eyes, that we may see our afflictions, and help us to console the injured, and throw wide the gates of heaven.—May Baker Eddy.

Only dust-free air is that over the ocean 600 miles or farther from shore.

Price Control And Rationing Information

Q.—I live alone and find a pound of coffee is too much to buy at one time. Is there any way I can buy half a pound at a time, pay a coupon, and buy the other half later on?

A.—All ration coupons are required each time you buy rationed items. However, you can always buy half a pound of coffee, 2 oz. of tea with one tea-coupon.

Q.—My son recently came home on ten days' leave. He brought a bag of dried fruit with him, my mother refused to accept the coupon in it. Can he do this?

A.—No, he is quite wrong. All items in the same category will still good for the purchase of tea or coffee. They will remain valid on the expiry date of the coupon.

Q.—Are the prices of strawberries reasonable?

A.—Yes, price ceilings for Canadian strawberries have remained controlled until September 30. Canada is divided into three zones. Alberta is included in zone three. Prices for quarts and pints are less than 10¢ per quart. From May 29 to June 17, when the berries were not as plump, the price per quart was 10¢. Prices for pints were also placed under the same ceiling as Canadian-grown berries for the period 5 to September 30.

Please send your questions or your request for the pamphlet, "Consumers' Guide to the Blue Book," to the Royal Canadian War Office, Ottawa, or to your local ration board.

The willow is the name of a strong wind that sweeps through the Aleutian Islands.

Rhubarb Crisp Pudding

Human Hair Is Used In Making Cloth In Hungary

Wartime necessities in Hungary have developed a process whereby human hair is combined with rayon and hemp fiber in producing a cloth. Press reports indicate that during the past three years 600 meters of cloth for men's suits have been manufactured, as well as 2,500 pairs of stockings, 100 sweaters and 1,000 pairs of stockings.

The durability and cheapness of this type of cloth will ensure its use after the war, it is claimed.

Hair Splitting

Human Hair Is Used In Making Cloth In Hungary

Right now the rhubarb is at its best and most of us are looking for different ways to serve it. We all like rhubarb pie and many of us are satisfied with just stewed rhubarb. But for variety, and a recipe worth keeping on tap for the rhubarb season every year try this rhubarb crisp pudding. This recipe deals gently with your precious rhubarb too.

$\frac{1}{2}$ cup shortening $\frac{1}{2}$ cup toasted bread cubes
 $\frac{1}{2}$ cup sugar 2 cups All-Wheat
2 eggs 4 cups diced fresh rhubarb
 $\frac{1}{2}$ teaspoon nutmeg $\frac{1}{2}$ cup honey
 $\frac{1}{2}$ teaspoon vanilla extract

Blend shortening and sugar thoroughly; add eggs and beat well. Add nutmeg and flavoring. Stir in bread cubes and creosote. Pour over the diced rhubarb in a buttered pan and cover with All-Wheat. Bake in moderate oven (375 degrees F.) 35-40 minutes or until rhubarb is done. Serve warm with thin cream.

Yield: 8 servings (1/2 cup each serving).

Variation: Omit nutmeg and vanilla extract; use two teaspoons grated orange rind instead.

D-Day Brings Three B.C. Friends Together

Stop the ITCH of insect bites, heat rash

Quick! Stop biting of insect bites, heat rash, rashes, hives, pimples, sores, blisters, boils, etc. Stop the itchy, burning caused skin rash.

It's quick-acting, soothing, non-staining, non-oily, non-greasy, non-irritating, non-allergic, non-toxic. P.D. **STOP THE ITCH** of insect bites, heat rash, rashes, hives, pimples, sores, blisters, boils, etc. Stop the itchy, burning caused skin rash.

Stop the ITCH of insect bites, heat rash.

Stop the IT



WITH ROYAL YEAST
IT'S EASY TO MAKE



Only 2¢ a day
ensures against
baking failures!

WRAPPED AIRTIGHT FOR
DEPENDABLE STRENGTH

OUR COMPLETE SHORT STORY—

The Honor Of Yee Shan Yee

By RALPH ZANCHI

McClure Newspaper Syndicate

Yee Shan Yee placed the package beneath the counter. With a few deft strokes of the brush he marked the ticket.

"For Friday, can do?" His seemed yes. "How much?" asked Yee. But the skin on his cheeks felt stiff as plaster and his heart was heavy. Surely the white man must see the treachery of that smile.

Stephen Holiday merely pocketed the money and checked and walked out. This, too, had been fifteen years, ever since Stephen, a young law student, had first brought Yee his laundry. He had always stopped to chat with the old man. But now he wanted to be married and Stephen would become District Attorney. He still brought the laundry; but he no longer talked.

Yee returned to his work, his thoughts racing back and forth as rapidly as the steaming irons he plied, when the doorbell tinkled, announcing another customer.

Yee viewed the lady with genuine pleasure. She was a white woman, frank gray eyes and an easy, friendly manner. He had approved of her from the start.

"Hello, Miss Alice." He counted out her change. "You are Miss Stephen," she said. "I'm glad to have forced myself to smile." He was very happy when his two favorites had told him they were engaged, and had promised them a wedding present. The gift, beautiful hand-loomed towels, was to be made by the most cherished possession.

"Oh, yes, I'm so worried," Alice sighed. "The crooked politicians are out to get Stephen. And the closer it is to election the more they are at it. Steven's behaving like a perfect idiot. He won't marry me until he's cleared himself. A certain gambler is supposed to have given him five thousand dollars, and—"

Five thousand dollars! Yee trembled like a leaf in a winter wind. "Globe, Missy Alice," he said hurriedly. "Now remember, Yee Shan Yee. As the guest of honor, it's your duty to arrive early for the wedding."

SAFETY MEASURE

The house of lords had a red-bordered carpet marking the limits where a member may stand when addressing the assembly and its library.

Yee had taken the carpet in the

carpet was set in the days when men carried swords, so that a safe distance would be allowed in case of alteration.

About Charcoal

Has Many Uses According To Reports Made By Scientists

Charcoal is a potent shield against pneumonia according to recent statements made by scientists. An essential part of every respirator is the filter filled with specially-prepared charcoal.

Charcoal has been used to control and reduce the temperature of furnaces used in many of the processes in the development of armored steel. Six hundred years ago when Roger Bacon, the famous scientist and gunpowder expert, was charcoal-mining with saltpeter and sulphur to be used. Explosives are now being produced that makes the force of gunpowder seem like a thousand times greater. Nevertheless, charcoal is still used in many explosives.

The nature of charcoal varies according to the wood from which it is made. Hard woods such as oak, ash, or chestnut make the type of charcoal best suited for the wood-burning stove, while willow produces charcoal that is used by the optical industry in Britain for polishing jobs.

The charcoal burner of British Columbia burns either from the branch of trees and leaves they cleared in the forest. In the centre there is an upright pole afterwards removed, which serves as a chimney for the charcoal, as the wood pile is built up in a conical form to a height of about 10 feet. When the layers of wood have been placed in this manner, the whole pile is covered with a thin layer of earth to prevent heat so that when the wood is set on fire there is only a limited supply of air to help it burn.

When the charcoal burns, it ignites the wood that has been prepared for the buyer by grading it into sizes from lumps of about two inches to dust that will pass through screens of 120 holes to a square inch. Such dust made into bricks, is used in British hospitals in portable enclosed stoves so that food is delivered hot to patients. Such is the versatility of charcoal in wartime service!

Visual Education

Four New Films On Canada For The Schools

Four new films about Canada, produced by the Empire Film Corporation, have been sent to the provincial libraries and will be available to Saskatchewan schools at the beginning of the fall term officials of the Department of education announced recently.

The films are designed to meet the needs of different sections of Canada under the titles, "Pacific Province,"

"Industrial Canada," and "Maritime Provinces."

The films give a "bird's eye" view of the industrial importance of various Canadian industries.

In addition to the Empire films, several new films from the National Film Board of Canada have been placed in the provincial school library.

They include films dealing with the Niagara Peninsula, Prince Edward Island, uses of glass in the modern world, forestry, co-operation in the life of the North American Indians.

One-third of the area of the United States is owned by the government.

Fought Germans To Stand Still



These are the types of Canadian paratroopers who fought the Nazi on a stand still and helped pave the way to successful Allied operations on D-Day. At the left, one of them goes "overboard" as the camera snaps a picture at a 500th-of-a-second. In the centre is Lieut. R. C. Hibson, getting his harness checked by Major, the Hon. R. Fraser, before he takes

Camera-Tank Driver



—Canadian Army Overseas Photo.

Trooper L. M. Kirkwood, Viscount of the Royal Canadian Tank Corps, cameraman of the 1st Canadian Army unit on the Italian front. The camera is attached to the barrel of a 75mm gun.

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

Photo: L. M. Kirkwood, Viscount

of the Royal Canadian Tank Corps

